

# **2009-2010 ACAMIS/SDRC/PRC STUDENT INFORMATION**

## **WHAT DOES IT TAKE TO BE A STUDENT-ATHLETE AT UISGZ?**

1. Student-Athletes must sign and abide by the Utahloy Student-Athlete Code of Conduct.
2. At anytime a player may be told they cannot continue to practice any more if they do not meet the Utahloy Student-Athlete Code of Conduct. If this happens there is a case by case process that determines whether you will be allowed to continue later on.
3. On practice days students are expected to get changed quickly and be ready for role call at the correct area.
4. It is an expectation that The Utahloy PE uniform is worn to all training sessions.
5. Please ensure you know your training days and come to school planned and prepared. Basically the entire school leaves via buses and all will be stopped to find one missing child who is at training that actually is meant to be on a bus!
6. You maybe picked up from UISGZ campus after training. The rest of the team cannot leave the school until this happens. You will not be left on you own at any time under any circumstance. If your driver/parent is late you will be given a written warning, if this continues your position in the team could be at risk.
7. Parents may sign on the permission slip that you can walk home from a training session in Guangzhou.
8. Whilst at training you are to be doing exactly that, with the team training. If you are injured and can't train it is expected you watch the training session to understand what was happening, or help out if you can.
9. If for some reason you can't make a training session you must notify your coach ASAP. Preferably at least the day before the training session.
10. Please take off jewellery before training sessions.
11. All students attending tournaments will arrive and play in team uniform.
12. If selected in a team you must ensure that your team uniforms is washed and returned to the Athletic Director after the completion of the tournament. Failure to do so will result in a delay of your reports being handed out.

## **How to be considered for team selection?**

13. Show consistent dedication through attendance and effort at training.
14. Embody the spirit of the code of Student-Athletes through academics and example.
15. Compete without losing your composure and maintain control in pressure situations.
16. Represent the school in the highest of standards on and off the court.

## **WHAT ARE WE INVOLVED IN?**

The school is involved in 3 strands of competition, these include:

**ACAMIS** (Association of Chinese And Mongolian International Schools)

(BOYS/GIRLS GRADES 10/11/(12 for some events))

**SDRC** (southern Delta Regional Conference) (Grades 6-9)

**PRC** (Pearl River Conference) (Grades 6-9)

## **Some General Information**

17. Parents are required to pay for transportation of their child to a tournament if it is outside of Guangdong.
  - a. The payment of the transportation fee must be made 4 weeks before the tournament date.
18. Parents **must agree** to host guest student-athletes for at least one tournament during the school year for their child to be eligible to be on a tournament team.
  - a. There is only one event being hosted this year, SDRC Middle School Volleyball on **February 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup>**. (please be aware that this date is just before the Chinese New Year Holiday-so holiday plans will need to be adjusted accordingly)