

# UIS M8 HAINAN CAMP

## 2009/10

Guided reflection on shared experiences promotes critical thinking, self and group discovery and enables learners to value their accomplishments.

Experiences in outdoor environments provides opportunities for learners to question their personal lifestyle choices and their commitment to environmental sustainability.

Opportunities for real-life learning within natural environments provide unambiguous feedback on behaviours and decisions.

Accepting and meeting sustained physical, social and emotional challenges encourages learners to extend themselves beyond their comfort zone.

Participation in group challenges and problem solving activities encourages active citizenship.

Problem based learning fosters opportunities, within a range of novel outdoor learning environments, for learners to critically evaluate how their actions influence themselves, other group members and the environment.

**EXPERIENTIAL**  
**CHALLENGING**  
**CO-OPERATIVE**  
**ACTIVE**  
**ENVIRONMENTAL**  
**SUPPORTIVE**  
**CARING**

Inclusion in an environment of dedicated, active and enthusiastic staff provides opportunities for learners to explore lifestyle alternatives including their involvement in outdoor and environmental related pursuits.

Self direction and self regulation, including negotiation, allows the opportunity to learn through experience.

Inclusion in a group working in unfamiliar circumstances promotes strategies to adapt to change and uncertainties.

Appreciation of diversity, cultural knowledge and respect for the environment encourages the development of a sense of community.

Social support and trust are incorporated in learning opportunities to ensure the physical and emotional safety of learners.

Emphasis is placed on the transfer of learnings from our learning environment to other life contexts.

## 1. IMPORTANT DATES AND TIMES

**Students are to make their own way to the airport**

**Date:** Monday Nov 9th  
**Meeting time:** 7:30am  
**Place:** Biayun International Airport, Domestic terminal

Flight CZ6742 Guangzhou - Sanya  
Departure 9:35am

*\* Please accompany or arrange for your child to be accompanied into the airport and meet with their group leader.*

**Please remember to bring your passport**

### **Return:**

**Students are to be picked up from the airport**

The students will be split over two flights for the return journey. Students will be informed of which flight they are on later this week.

**Date:** Friday Nov 13th  
**Meeting time:** 7.50pm  
**Place:** Biayun International Airport, Domestic terminal

1<sup>st</sup> Flight CZ6743 Sanya - Guangzhou  
Arrival 7:50pm

2<sup>nd</sup> Flight CZ6745 Sanya - Guangzhou  
Arrival 8:30pm

*At the airport, your child will not be allowed to leave the group unless visual confirmation of an assigned adult is there to collect him/her.*

**Please do not be late in picking up your child. Late pick ups cause great inconvenience for staff.**

### **Emergency contact numbers:**

~~Tina Lin (school emergency contact) 13609747475~~

## 2. METHODOLOGY

Student to staff ratios will be professionally managed for each activity. Utahloy provides a 1:10 teacher student ratio, while Chinaclimb staff provide a 1:3 ratio for some activities.

## 3. ACCOMMODATION

First and last nights accommodation is a hotel and the middle two nights are at designated campsites.

## 4. TRANSPORTATION

Transportation will consist of a flight to and from Sanya and buses organized by Chinaclimb.

## 5. FOOD & BEVERAGE

All meals and snacks from lunch on November 9th through to the Dinner on November 13th will be provided.

**Please encourage your child not to bring junk food on camp.**

## 6. FEES

The price for this school camp is included in the school fees.

## 7. STAFFING

The following staff will be in attendance on this camp:

Mr. Matt Harper, Ms. Erin Stewart, Mr. Andrew Russo, Mr. Garrick Philp, Ms. Becci Hodge, Ms. Catherine Hallam, Ms. Stefanie Schuchardt-Felgner

## 8. ADVENTURE ACTIVITIES

Learning experiences are selected and sequenced to assist students to achieve the school's stated outcomes. Students will be involved:

## Activities:

- High Ropes course
- Snorkeling
- Surfing
- Rainforest walk
- Camping

## 9. STUDENT INFORMATION

### 9.1 Respect

Students have a responsibility to respect others, their privacy and belongings, as well as the local people and the local environment. Students must:

- enter their own rooms or tents only.
- respect the belongings of others.
- be conscious that residents of the community should be protected from excessive noise at unreasonable hours.
- be willing to accept the rights of others.
- care for all equipment and properties (this includes refraining from littering and/or damaging property and environments).

### 9.2 Safety

Students have a responsibility to adhere to safety instructions and procedures as presented at the Centre and to regulatory laws made by government bodies. Students must:

- wear footwear at all times (fully enclosed shoes during activities).
- be supervised at all times.
- protect themselves from exposure to the sun and from dehydration.
- use activity equipment only under the supervision of staff.
- be attentive in briefing sessions and during activities.
- be aware of emergency procedures in the event of a fire.
- ensure alcohol, cigarettes or drugs (unless prescribed by a doctor and with the full knowledge of the co-ordinator) and dangerous implements are not in their possession.
- remove **all jewellery** prior to adventure activities. If jewellery is unable to be removed, or suitably taped the student will not be able to participate.

### 9.3 Co-operation

Students have a responsibility to assist in the efficient functioning of the program and the enjoyment of all participants. Students must:

- ensure their own alertness, attentiveness and punctuality.
- endeavour to foster positive relationships with others.

### 9.4 Participation

Students have a responsibility to ensure that they gain maximum benefit both as individuals and as a whole group. Students must:

- be prepared to participate in all activities.
- strive to be part of the group and assist the group to achieve their goals.

Students who demonstrate by their behaviour that they do not acknowledge these responsibilities or are unwilling to accept them, are a danger to themselves, other participants and the success of the program. With this in mind parents of such students will be contacted.

*Students who refuse to abide by these responsibilities may be returned to school with the student's parents being responsible for their transportation to school/home.*

## 10. MEDICAL AND PARENTAL CONSENT FORM

A Student Medical and Parental Consent form must be completed in detail on the Chinaclimb online database. The contents are treated confidentially. These are not used to exclude students from attending. This information may be crucial in times of medical emergency.

This form provides information required to care for your child in the event of a medical incident.

## 11. DIETARY REQUIREMENTS

Parents must fill in the appropriate section Chinaclimb online database if there are any special dietary requirements e.g. vegetarian, allergies.

## 12. SUN SAFETY

The nature of an Outdoor Education program dictates that students will be in the outdoors and

exposed to direct sunlight for extended periods of time during their program. It is strongly recommended that all students wear broad brimmed hats and long sleeved shirts, and apply full block sun screen, to minimize the harmful effects of the sun. Singlet / midriff tops are unsuitable for activities.

Program timetables and group management options attempt to limit the time that students are in direct sunlight during the middle of the day.

### **13. WEATHER**

The weather in Hainan will be warm. A packing list is provided to ensure all participants are prepared for the warm temperatures. Temperatures range from 20 degrees Celsius to 30 degrees Celsius.

## **14. GENERAL INFORMATION**

### **14.1 *Pocket money***

As the camp is fully funded by the school, there is no need for students to bring an excessive amount of money. We recommend a maximum of ¥200 for souvenirs. The students will not need to buy any food or drink while on camp.

### **14.2 *Chewing gum***

Due to the harmful effects that gum can have on wildlife, students are not to bring chewing gum.

### **14.3 *Electronic equipment:***

Students are advised not to bring electronic equipment. Walkmans, Discmans, Ipods, players and electronic games are forbidden on camp. Cameras are allowed.

### **14.4 *Expensive clothing***

It is advisable not to bring expensive clothing or footwear because of the nature of the activities undertaken. A long sleeved shirt, eye protection and lip balm are desirable items.

Students are strongly advised to use insect repellent and wear a long sleeved shirt for protection.

# WHAT TO BRING

**Baggage allowance: One backpack – 15kg.**

Please note:

- \* Students are responsible for carrying their own luggage. Ensure that it is well labeled.
- \* Teachers and supervisors will not be responsible for any valuables.

This packing list is provided to ensure all participants are prepared for the warm temperatures.

## Suggested packing list for your trip.

### **Clothing**

- \_\_\_\_\_ 6 - 7 T-shirts (synthetic is preferable as it dries quicker and takes moisture from the body)
- \_\_\_\_\_ 1 sweatshirt
- \_\_\_\_\_ 1 waterproof outer shell jacket with hood
- \_\_\_\_\_ 3 pair shorts
- \_\_\_\_\_ 2 pair long pants
- \_\_\_\_\_ 1 swimsuit
- \_\_\_\_\_ 1 towel
- \_\_\_\_\_ 6 changes underwear
- \_\_\_\_\_ 6 pair socks
- \_\_\_\_\_ 1 hat/cap (Essential)
- \_\_\_\_\_ 1 pair walking shoes (will get dirty)
- \_\_\_\_\_ 1 pair sandals/flip-flops
- \_\_\_\_\_ 1 pair extra sneakers

### **Miscellaneous**

- \_\_\_\_\_ 1 backpack
- \_\_\_\_\_ Small towel (for swimming)
- \_\_\_\_\_ Toothbrush & Toothpaste
- \_\_\_\_\_ Essential toiletries
- \_\_\_\_\_ 1 pair sunglasses
- \_\_\_\_\_ 1 pair extra glasses (if student wears glasses)
- \_\_\_\_\_ Extra contact lens and solution (if student wears contact lenses)
- \_\_\_\_\_ Extra medication (if needed – can be kept by teacher)
- \_\_\_\_\_ 1 small bottle sunscreen
- \_\_\_\_\_ 1 water bottle
- \_\_\_\_\_ 1 Flashlight
- \_\_\_\_\_ Plastic bags for dirty clothes
- \_\_\_\_\_ Insect repellent

### **Optional Items**

- \_\_\_\_\_ Notebook with pen/pencil
- \_\_\_\_\_ 1 Camera (with film if not digital) and charger.
- \_\_\_\_\_ 1 small folding umbrella
- \_\_\_\_\_ .The camp is fully catered and students will not require any money for the duration of the camp..

• Please use this checklist to best prepare for your trip. While it is important to have most of these items it is equally important not to be burdened with an exorbitant amount of luggage.

• **Walkmans, Discmans, MP3 players and electronic games are forbidden on camp.**

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# Chinaclimb Hainan Adventures Management

## Administration

Hainan Adventures is based in the Sanya community allowing for the best possible contacts and reliable purchasing on Hainan Island. Our one to one management of programs lets you enjoy your visit to Hainan and relax by the beach.

## Guides

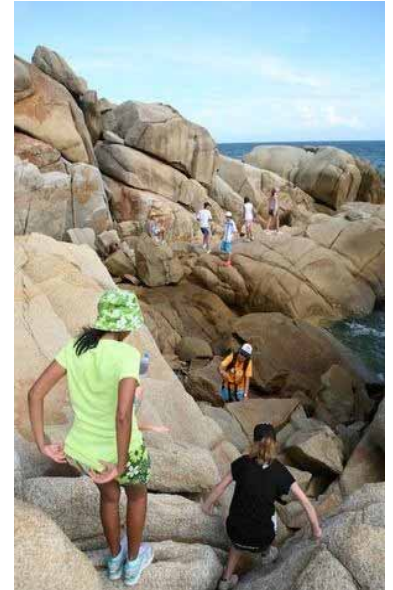
Due to our unique lifestyle we are graced with some of the best foreign and local staff that can be hired in Hainan Island or China for that fact. Our staff are chosen not just on their skills and safety but their fun attitude, creative ideas and critical thinking.

## Risks Assessed

All our activities are vigorously risk assessed by experienced outdoor educators, understanding that we can't take away the inherit risks we have evacuation and rescue procedures in place for any unforeseen incidents

## Group

Student to instructor ratio for travel and studies will be 1:10, depending on specialized activities ratios will drop to 1:3.



*Rock Scrabbling*

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## Hainan Adventures Logistics

### Accommodation

'Beautiful Spring Spa Resort' is ideal for holding student groups the resort entertainment area has a pool, spa and restaurant. Close attention is taken to ensure boys and girls are in separate buildings.

### Transport

We choose our drivers and buses from their safety and cleanliness, large and small sized buses are used for a range of different activities and locations.

### Food and drinks

We will use a number of different restaurants to balance between the experience of the local cuisine and nourishment of more international dishes. Water and fruit will be constantly available at all locations.

### Campsite

Hou Hai beach campsite is based on a small grassy plain, with running water and toilet amenities. Students will be provided their meals and will not be cooking for themselves.



*Beach Side Chinese seafood*



## Hainan Adventures Itinerary Proposal

The following itinerary should be used as a guide only as it can vary due to weather, activity conditions and unforeseen circumstances.

### Hainan Adventures Itinerary At A Glance

Based on 65 students, 4 groups

#### DAY 1

Fly to Sanya, Resort

#### DAYS2-4

students will be split into 4 groups of 15-17 to abide by activity ratio's.

#### ACTIVITY LIST

Surfing  
Snorkeling  
Jungle Hiking  
High Ropes Course  
Camping  
Minority Dancing

#### DAY 5(am)

Scenic sights of Sanya

#### DAY 5(pm)

Depart to Guangzhou

### Day 1 – Arrive in Sanya

Arrive in Sanya Airport where your trip organizer and group leaders will meet and greet with the school, followed by transport to the Beautiful spring spa resort where the group will have an introductory Hainanese dinner followed by time in the pool and preparation the next day

### YANODA CAMPSITE - Rainforest and Li Minority visit

After an early breakfast, students will make their way to Yanoda rainforest where they will climb up through a semi flowing waterfall gorge. The student will have to work together as a team and assist each other over rock mounds with the help of safety instructors at all time. This will be one night camp.

### HOUHAI CAMPSITE - Surfing and Snorkeling

Student will be instructed by foreign surf coaches experienced in teaching students worldwide. The lessons will include beach safety, ocean awareness and surf skills. There will be a tight 1:3 ratio to increase safety and learning outcomes. Student will be introduced to the PADI snorkeling system, this system has seen millions of participants yearly. Student will progress through basic health checks, swimming ability and under water knowledge to engage into the marine life

### HOUHAI CAMPSITE - High ropes course

Students have the opportunity to test their limits on the 15mtr high rope obstacles, students will be belayed by trained and professional climbing instructors with all appropriate safety equipment. Activity focus will be turned to stepping outside of the comfort zones and taking a leap(literally).

### Day 5 – Beach and shopping day

On the last day depending on flights the students will be able to purchase some of the lovely hainanese trinkets as well enjoy some beach volleyball and soccer at one of Sanya's beaches Dadonghai bay.

## M8 Sanya camp names on flights

Part one:

Flight	Departure	Arrival	Depart time	Arrive time	Date of dept
CZ6742	Guangzhou	Sanya	0935	1050	9 Nov(confirmed)
Return					
CZ6743	Sanya	Guangzhou	1840	2000	13 Nov(confirmed)

Names for the arrangement:

Part one: 34 people

CHAN/JORDAN ZHIYANG  
ARCHAIMBAULT/ALICE MARIE  
DESAINTMELEUC/PAULINE MARIE  
FOK/YUK HO DEREK  
KAGOSHIMA/NORITSUGU  
KIM/JI WU  
KIM/MIN HEE  
KO/HAE SUNG  
LEE/JAE WON  
LEE/SUNG HOON  
LIM/HEE WON  
NAM/TAEHYUN  
PENG/SHAOJUNG  
PENNING/KATHARINA GISELA  
SEO/YUJEONG  
SUHAIMI/AGHNIYA BINTI  
AN/JE YOUNG  
BRUYSTERS/SEAN YUEN KAI  
CHANG/HEJIE  
CHO/SEO JEONG  
FRIEDMAN/MADELINE XI CUI  
TUNG/TZU HSUAN  
WEBER/THOMAS LUC PIERRE  
YANG/DILLON  
YOSHIMURA/NANAKO  
YANG/QISHAN  
罗宇翔  
YANG/SHAOHENG  
PARK/JIYEON  
KIM/YE LIM  
LIN/CHIANG  
**HARPER/MATT**  
**PHILP/GARRICK JAMES**  
**STEWART/ERIN MARY**

Part two:

Flight	Departure	Arrival	Depart time	Arrive time	Date of dept
CZ6742	Guangzhou	Sanya	0935	1050	9 Nov(confirmed)
Return					
CZ6745	Sanya	Guangzhou	1910	2030	13 Nov(confirmed)

35 people

Part two: 35 people

劳霆锋

KIM/KYUNGHOON

KO/HYE JEONG

KWOK/KWAN WUN

KWOK/LINUS JIA HUA

LAM/VICKY W

LEE/DONG HYUN

NAKAJIMA/KOTOHA

PARK/JI SU

BHASIN/NIDHI

BULLOUGH/JACE AMMON

CHANG/CHIEN

GWACK/DONG HO

IFTIKHAR/TALHA

江川

SHUGAEV/TERENTIY

WU/MING JIA MICHAEL

JIN/YOODAM

KIM/HYE IN

KIM/SEOYOUNG

KWON/JOONHYUP

LEE/JEONGMIN

NAKAMURA/SHOKO

NIE/JIA JIAN

PUNJABI/RESHMA RATAN

SEIRIO/JALMARI PETER

SHI/SANGWOO

TAN/DARIEN

VAISANEN/JAN MARKUS KASIMIR

赵怡宇

KIM/JONG YEOP

**HALLAM/CATHERINE HELENE**

**RUSSO/ANDREW JOSEPH**

**SCHUCHHARDTFELGNER/STEFANIE**

**HODGE/REBECCA**